


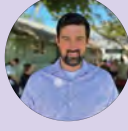







CONFERENCE PROGRAM & MAP

Time	Presenter(s)	Activity	Location
Friday September 29			
3:00-3:30 pm		<i>Registration Opens</i>	
3:30-5:30 pm		FIRST DEEP DIVE WORKSHOPS: SESSION 1 OF 2	
	 Jaimen McMillan	The Sphere <i>Ball Games 1st-12th progression</i> The sphere is one of nature's most beautiful forms. Games played with balls embody the human fascination with the mysteries of this archetypal form. Yet many children grow up fearful of ball games. What went wrong? In this course we will experience first-hand, a Spacial Dynamics® approach to ball games that is inclusive, effective, safe, and fun! We will progress from the simplest of ball games toward the introduction of using balls for sport. Accent will be given to recognizing non-integrated reflexes that may be hampering a child's abilities. We will learn simple techniques to help integrate these blockages so that every child can explore and enjoy the unique lessons that the sphere has to offer. Let's play ball!	Gym (Linden Hall)
	 Katie Moran	Rhythm, Dance, and Movement 1st-12th progression Rhythm is the support system that carries the child through their development. From songs to hand-clapping to social dance, rhythm plays an important part of building culture. Together, we will explore rhythmic activities and dancing through the grades. You will leave with activities to bring back to your communities and weave into your curriculum.	Eurythmy Room
	 Valerie Baadh Garrett	Early Childhood Movement and Play From birth and into the first years, early movements of the growing child form the basis of her identity, relationships with others, and for lifelong learning. Through natural play and games, we caregivers can invite and deepen essential movement experiences at home and in preschool settings through the qualities of our own movements.	Kindergarten Room
	 Erin Schirm	Sensory Integration We are constantly receiving a variety of sensory information. Over time, we learn to tune some of that information out, focus in on specific senses, and integrate that information to effectively navigate day to day living. It is not always a given that senses are fully integrated and developed. Explore senses such as touch, smell, proprioception and learn simple practices to manage them more effectively.	Movement Room


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Time	Presenter(s)	Activity	Location
5:30-6:30 pm		DINNER BREAK <i>Dinner served in Town Hall those that purchased meals.</i>	Town Hall
6:30-7:30 pm	 	WELCOME SESSION Fireside Chat with all guest instructors facilitated by Erin Schirm	Stegman Hall
7:30-8:30 pm	 Jaimen McMillan	SECOND DEEP DIVE WORKSHOPS: SESSION 1 OF 2 Surviving Parenting and Teaching Raising children has never been more challenging. The old methods of disciplining simply do not work any longer. They may even make matters worse. Yesterday's tried and proven methods leave children, educators, and parents at a loss. New models are necessary to reach the children and youth of tomorrow. Education requires the adult to lead. Discipline comes from the ability of the child to follow. This course will present a Spacial Dynamics® approach to how to use rhythm, voice, humor, posture, gesture and even space to help parents and teachers move from merely surviving to thriving!	Stegman Hall
	 Katie Moran & Valerie Baadh Garrett	Pedagogical Processes in Movement Education Valerie Baadh and Katie Moran introduce the phases of spatial and movement development of the child from kindergarten through adolescence in two workshops suitable for class teachers and movement practitioners. Working with the spectrum of gravity and levity, we will experience key processes ourselves and learn how we can brighten our lessons with activities that meet the youth of today.	Movement Room
	 Maureen Curran Turtletaub	Movement Through Nature and Craft Human beings live on the earth between earth and cosmos. Experience how the earth and the cosmos shape and inform our movements, our feelings and our actions. We will explore the genius of location with the intention of transforming matter and the maker; hence craft.	Teachers Education Room



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	 Erin Schirm	Curriculum and Program Design In this session, explore the basic building blocks of a strong movement curriculum and program. We will explore development models, discuss the importance of movement and how it fits into the bigger picture of a whole school curriculum. Learn how to build culture around movement that engages everyone in the process.	TBD
Saturday September 30			
9:00-10:30 am	 Maureen Curran Turtletaub	Nature and Restepping Development The natural world offers a window to experience morphological processes mirrored in human phasic development. We will practice activities that build abilities and strengthen supersensible perception leading to unique and creative processes of revising and renewing necessary phases in human development.	Meet at Stegman Hall
10:30-11:00 am		BREAK <i>Light refreshments</i>	Town Hall
11-12:30 pm	 Jaimen McMillan	Reflexes: Steps on the Developmental Ladder Reflexes serve an important role in survival and in child development. In healthy maturation they appear, do their jobs, and then are integrated into larger, effective movement patterns. More and more children suffer from reflexes that are not integrated in a timely manner. This can result in a lack of ease, learning difficulties, and behavior challenges. In this introductory course, we will explore why these developmental obstacles have reached nearly epidemic proportions in our times. We will learn to recognize several of the basic reflexes, how one can use a Spacial Dynamics® approach to foster healthy integration, and steps one can take when a child has missed a rung on the developmental ladder.	Stegman Hall
12:30-1:30 pm		LUNCH BREAK	Town Hall

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Time	Presenter(s)	Activity	Location
		<i>Lunch served in Town Hall.</i>	
1:30-3:30 pm		BREAKOUT WORKSHOPS <i>Select from:</i>	
	 Jaimen McMillan & Katie Moran	Spacial Dynamics®: Learning to do Anything Differently Spacial Dynamics® was developed by Jaimen McMillan in 1985, through his study of mastery. The purpose of this discipline is to help anyone, do anything better. A type of “movement engineering” it is on one hand, a science that studies the best use of the body in any given activity. On the other hand, it is an art that explores the rhythms and dynamics of these functional patterns that add the ease, grace, and the beauty to any movement. In this introductory workshop we will begin to learn to focus our awareness on a force that will enhance any child study, any class we teach, or any movement we do: Space.	Meet at Gym (Linden Hall)
	 Valerie Baadh Garrett	Agile Aging Agile Aging was created by Valerie as a fall prevention and mobility program after guest teaching in <i>Design for Agile Aging</i> at Stanford University. Informed by the movement principles of Spacial Dynamics®, Agile Aging helps individuals of all ages and abilities improve balance, body awareness, spatial orientation, circulation, and mobility. Individuals with Parkinson’s, autism, trauma, and basic sore feet also benefit from its challenging yet calming flow of movement with nature imagery and music.	Eurythmy Room
	 Maureen Curran Turtletaub & Erin Schirm	Transformative Movement Education We will experience principles of transformation, holistic education and natural based movement education. With these principles, we will strive to understand what lies behind renewal of body, soul, and spirit leading to imagination, creativity, and inspiration.	Meet Outside (Location TBD)
3:30-4:00 pm		BREAK <i>Light refreshments</i>	
4:00-6:00 pm		DEEPER DIVE WORKSHOPS: SESSION 2 OF 2 <i>Return to your session from Day 1.</i>	
	Jaimen McMillan	The Sphere Ball Games 1st-12th progression	Gym (Linden Hall)

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Time	Presenter(s)	Activity	Location
	Katie Moran	Rhythm, Dance, and Movement 1st-12th progression	Eurythmy Room
	Valerie Baadh Garrett	Early Childhood Movement and Play	Kindergarten Room
	Erin Schirm	Sensory Integration	Movement Room
6:00-7:00 pm		DINNER BREAK <i>Dinner served in Town Hall those that purchased meals.</i>	Town Hall Meristem
7:00-8:30 pm		DEEPER DIVE WORKSHOP: SESSION 2 OF 2 <i>Return to your session from Day 1.</i>	
	Jaimen McMillan	Surviving Parenting and Teaching	Stegman Hall
	Valerie Baadh Garrett & Katie Moran	Pedagogical Processes in Movement Education	Movement Room
	Maureen Curran Turtletaub	Movement through Nature and Craft	Teachers Education Room
	Erin Schirm	Curriculum and Program Design	Location TBD

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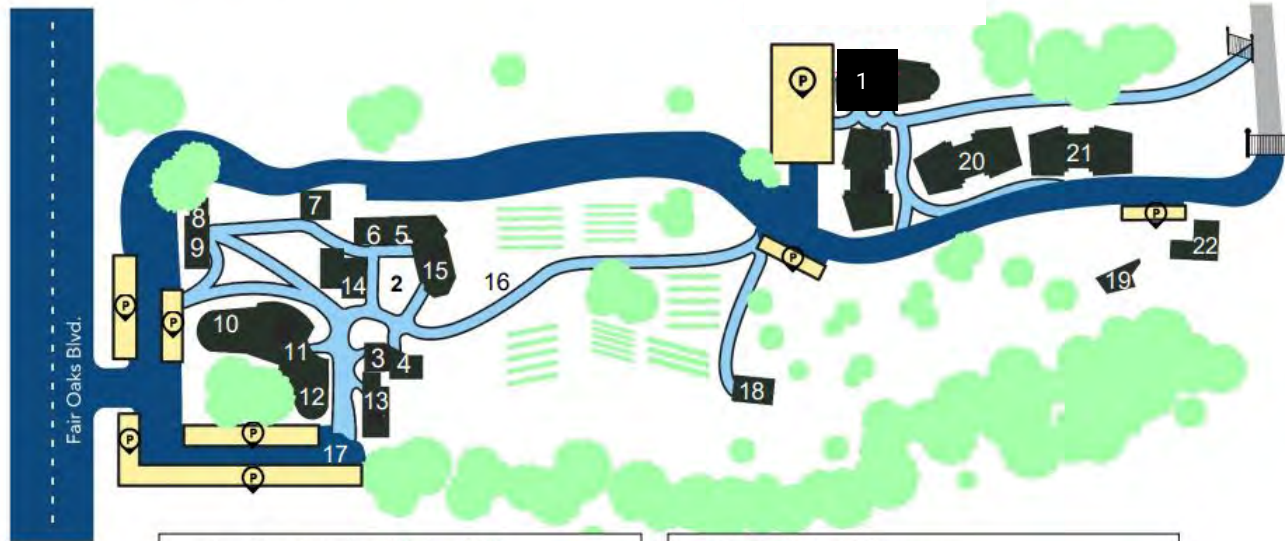
CONFERENCE PROGRAM & MAP

Time	Presenter(s)	Activity	Location
Sunday October 1			
9:00-10:30 am	 Maureen Curran Turtletaub	Nature and Restepping Development The natural world offers a window to experience morphological processes mirrored in human phasic development. We will practice activities that build abilities and strengthen supersensible perception leading to unique and creative processes of revising and renewing necessary phases in human development.	Stegman Hall
10:30-11:00 am		BREAK <i>Light refreshments</i>	Town Hall
11:00 am -12:30 pm	 Jaimen McMillan	Back to Health: Posture from the Cradle to Cane Proper posture is not only central to avoiding back pain as one ages, perhaps even more importantly, it is also the key to becoming attentive, responsive, and even social when one is young. We have all heard the adage: "Sit up straight!", but the posture of our society is proof that this approach no longer works. What if the secret to proper alignment lies not in being straight, but in the dynamics of curves of the body and rippled awareness in space? This workshop will present new approaches from the discipline of Spacial Dynamics® designed for parents, teachers, therapists, and even back sufferers alike. Come learn techniques to help children "stand up for themselves." Come learn to get back to health!	Stegman Hall
12:30-1:30 pm		LUNCH BREAK <i>Lunch served in Town Hall those that purchased meals.</i>	Town Hall
1:30-2:30 pm		CLOSING INTEGRATION & REFLECTION Q & A discussion to close the conference	Stegman Hall

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MERISTEM

9200 Fair Oaks Blvd., Fair Oaks, CA 95628
(916) 963-1000



1. Administration (Norton Hall)
2. Quad
3. Culinary Arts / Café
4. Bakery
5. Woodshop
6. Metalshop
7. The Barn (Herbal Arts)
8. Welcome Center
9. Ceramics
10. Art/Textiles Room
11. Auditorium (Stegmann)

12. Teacher's Ed Classroom
13. Student Services (Alcott)
14. Music Room & The Workskills Cottage
15. Town Hall (Philadelphia)
16. The Garden
17. Cycling
18. The Forge
19. Dorm Clubhouse
20. Dorms 5 - 8
21. Dorms 1 - 4
22. Outdoor Area - General Use

▶ ADMINISTRATION

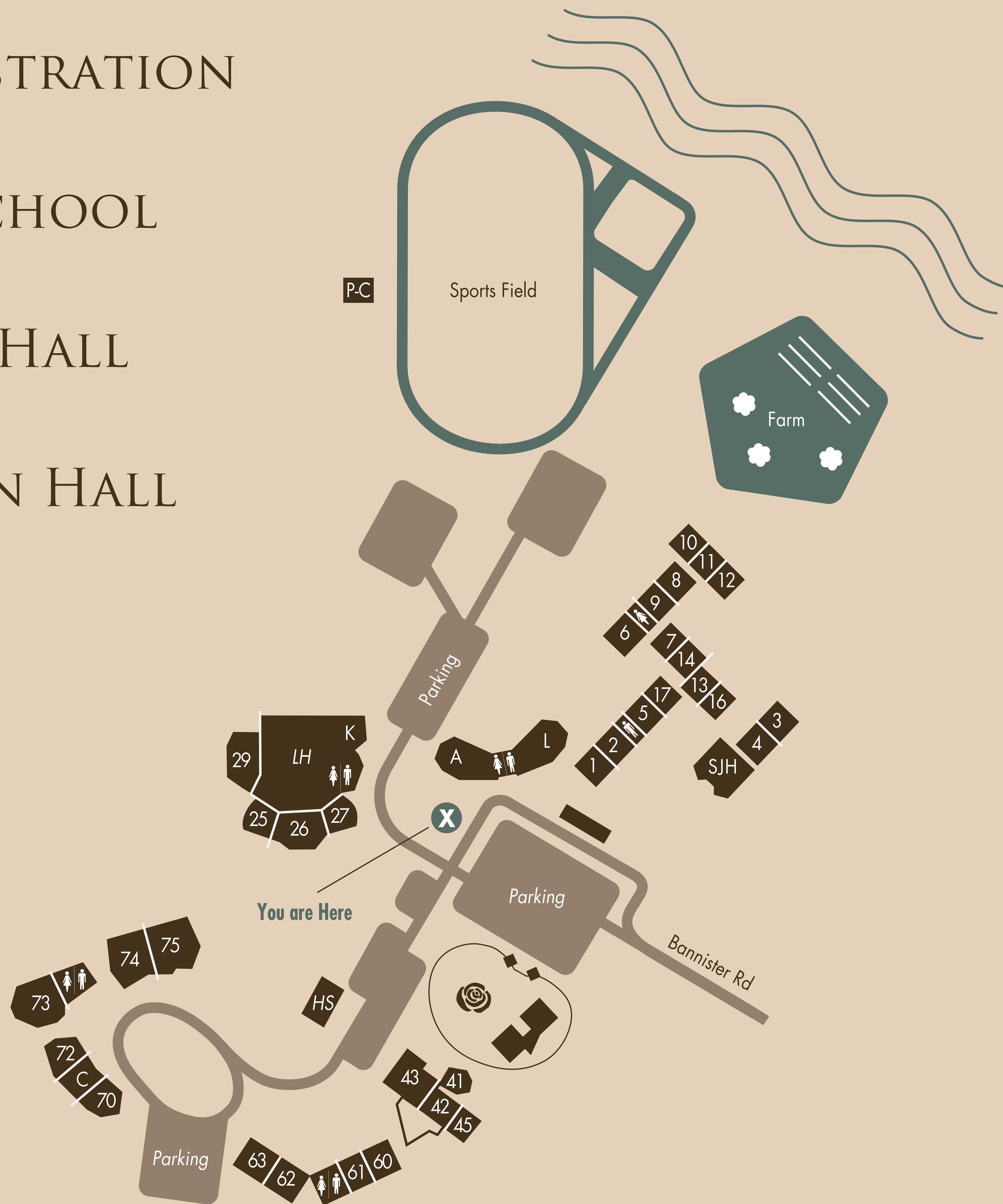
◀ HIGH SCHOOL

▲ LINDEN HALL

▶ SAN JUAN HALL



SMOKE FREE
CAMPUS



- A** Administration
- L** Library
- LH** Linden Hall
(Stage/Gymnasium)
- SJH** San Juan Hall
- K** Kitchen

Lower School

- P-C** Parent-Child
- Kindergarten
- 1** 1st Grade
- 2** 2nd Grade
- 3** 3rd Grade
- 4** 4th Grade
- 5** Middle-School B
- 6** 6th Grade
- 7** 3rd Grade
- 8** 8th Grade
- 9** Science
- 10** 7th Grade
- 11** German
- 12** Spanish
- 13** Handwork
- 14** 5th Grade
- 16** Preschool
- 17** 5th Grade

High School

- HS** High School Office
- C** Counseling
- 25** Drama
- 26** Orchestra
- 27** Music
- 29** Movement
- 41** Painting
- 42** Ceramics
- 43** Graphics
- 45** Woodworking
- 60** German
- 61** Spanish
- 62** Humanities
- 63** Humanities
- 70** Math/Humanities
- 72** Math/Humanities
- 73** Biology
- 74** Physics
- 75** Chemistry